



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
B.A. Psychology
IV-Sem (Batch 2022-2026)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
BAPSY401	Major/Minor	Introduction to Abnormal Psychology	60	20	20	30	20	2	0	2	3

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit.

***Teacher Assessment** shall be based following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

Course Educational Objectives (CEOs)

At the end of this course the students will be able to:

- CEO 1: Learn the history and models of abnormality.
- CEO 2: Define concept of Anxiety and understand disorders associated with it.
- CEO3: Explain basic concepts of different mood disorders and eating disorders.
- CEO 4: Differentiate between the clusters of personality disorders.
- CEO 5: Understand different psychotic disorders.

Course Outcomes (COs) The student will be able to:

- CO1: Critically evaluate assumptions underlying definitions of abnormality/disorder.
- CO2: Categorize various anxiety disorders and their treatments.
- CO 3: Differentiate between types of mood disorders and eating disorders
- CO 4: Summarize the three clusters of personality.
- CO 5: Analyze nuances in the differences between different psychotic disorders

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BAPSY401
Introduction to Abnormal Psychology

Course Contents

Unit I

Introduction to Abnormal Psychology: Concept of Abnormality, Historical Background, Brief Introduction to Classification systems (DSM-5, ICD-11), and Models of Abnormality.

Unit II

Anxiety Disorders: Generalized Anxiety Disorder, Panic Disorder, Phobias, Post-Traumatic Stress Disorder, Obsessive Compulsive Disorder

Unit III

Mood Disorders and Eating Disorders: Depressive Disorder, Bipolar Disorder; Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorder

Unit IV

Personality Disorders: Cluster A, Cluster B and Cluster C

Unit V

Schizophrenia Spectrum and Other Psychotic Disorders: Schizophrenia, Schizophreniform Disorder and Schizoaffective Disorder; Delusional Disorder, Brief Psychotic Disorder

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List of Practical

- Anxiety, Depression, Stress scale
- Anorexia Test
- Mental Depression Scale
- Big Five Personality Inventory
- Case Study

Recommended Readings:

- American Psychological Association. (2019). **Publication manual of the American Psychological Association** (7th ed.) Washington, DC: Author. ISBN-13: 978-1433832178
- Beidel, D., Bulik, C., & Stanley, M. (2014). **Abnormal psychology**, 3rd edition. Upper Saddle River, NJ: Pearson
- Kilgus, M., & Rea, W. (Eds.) (2014). **Essential psychopathology casebook**. New York: W.W. Norton & Company
- Durand, V. M., & Barlow, D. H. (2013). **Essentials of Abnormal Psychology** (7 th Ed.). Pacific Grove, CA: Thomson-Wadsworth.
- American Psychiatric Association. (2013). **Diagnostic and statistical manual of mental disorders** (5th ed.). Washington, DC: Author

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BAPSY402	Major	Basics of Research Methodology	60	20	20	30	20	3	0	0	3

BAPSY402
Basics of Research Methodology

Course Educational Objectives: At the end of this course the students will be able to:

- CEO1:** Know the fundamentals of psychological research.
CEO2: Understand basics of statistical methods and tools used in descriptive statistics.

Course Outcome: Upon successful completion of the course a student will be able to:

- CO1:** Explain the basics of research methods used in different fields of psychology.
CO2: Apply the relevant statistical tools of techniques in various domain of psychology.

Course Content

Unit I: Introduction

1. Research – Meaning, Scope and Significance
2. Types of Research
3. Characteristics of good research
4. Ethics in Psychological Research

Unit II: Research Problem and Design

1. Research Problems and Hypotheses –meaning, types
2. Variables and Types of Variables
3. Features of good Research design
4. Types of Research Design

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BAPSY402	Major	Basics of Research	60	20	20	30	20	3	0	0	3

Unit III: Measurement and Sampling

1. Measurement – meaning, type, errors in measurement
2. Sampling: Concept, Types of Sampling Techniques

Unit IV: Data Collection

1. Data; meaning and types of data
2. Methods of data collection: Quantitative and Qualitative.

Unit V: Data Analysis and Report Writing

1. Hypothesis Testing
2. Parametric and Non-Parametric Tests (t, chi-square)
3. Report writing- significance and steps

Recommended Readings

- Chadha, N.K. (2009) Applied Psychometry. Sage Pub: New Delhi.
- Gregory, R.J. (2006). Psychological Testing: History, Principles, and Applications (4th Ed.). New Delhi: Pearson Education.
- Neuman, W.L. (2006). Social Research Methods: Qualitative and Quantitative Approaches (6th Ed.) Boston: Pearson Education.
- Dyer, C. (2001) Research in Psychology: A Practical Guide to Research Methodology and Statistics (2nd Ed.) Oxford: Blackwell Publishers

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